

## USAGE COMPARISONS

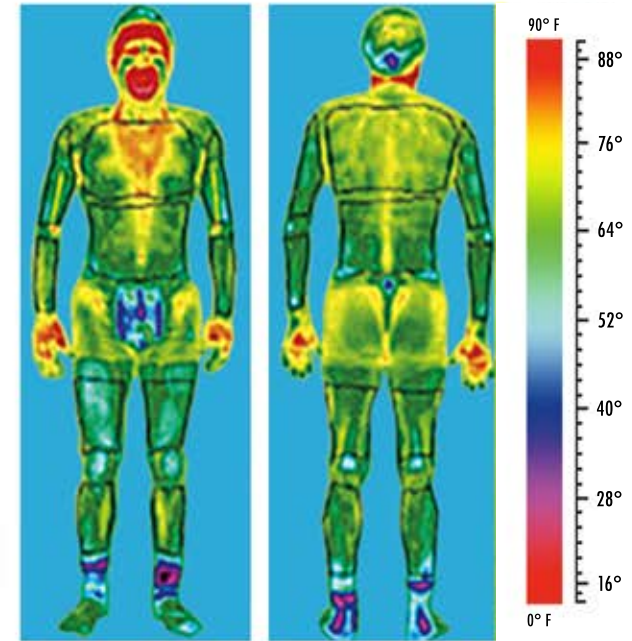
### WHOLE BODY CRYOTHERAPY

FORCED AIR BURNS	NONE
TREATMENT COST	LOW
GAS EXPOSURE RISK	NONE
END BODY TEMPERATURE	61°F

### PARTIAL BODY COOLING

FORCED AIR BURNS	MANY
TREATMENT COST	HIGH
GAS EXPOSURE RISK	HIGH
END BODY TEMPERATURE	78°F

3 Minute exposure comparison of WBC (-166°F) vs PBC (-256°F)  
Skin Temperature measurements upon exit (and other markers)



**WE** Take Care of Your  
**RECOVERY**  
RESTORE RELIEVE  
REGENERATE REJUVENATE

### THE ONLY TRUE WHOLE BODY CRYOTHERAPY

Conclusions of the head-to-head study comparing *Whole Body Cryotherapy* (WBC - Electric walk-in chambers at -166°F) to *Partial Body Cooling* (PBC - Nitrogen saunas at -256°F) were that skin temperature drops in all regions of the body were *far more significant in the WBC group*. Skin temperature drops are associated with the activation of the Central Nervous System (CNS) and Autonomic Nervous Systems (ANS) causing the release of Anti-inflammatory modulating proteins (norepinephrine) as well as pain modulating endorphines. WBC showed a significantly high (+35%) plasma norepinephrine concentration compared to PBC.