



US Cryotherapy

FASTER RECOVERY • BETTER HEALTH

OUR OFFERINGS

Whole body and localized targeted treatments usually takes 15 minutes from start to finish in a US Cryotherapy Center. Regimen for some is daily, while a typical customer has 2-3 treatments per week.

- Localized Treatments
- Hydro Massage
- Compression therapy as enhancing modalities.

Offerings vary by location. Our pricing nationwide is sustainable for routine use under any budget compared to the novelty pricing of competitors.



YOUR BENEFITS

ACCELERATES RECOVERY

Provides blood flow in areas needing regeneration

REDUCES INFLAMMATION

Anti-inflammatory cytokines released reduce swelling

INCREASES MOBILITY

Range of motion improves, while pain reception lessens

PAIN RELIEF

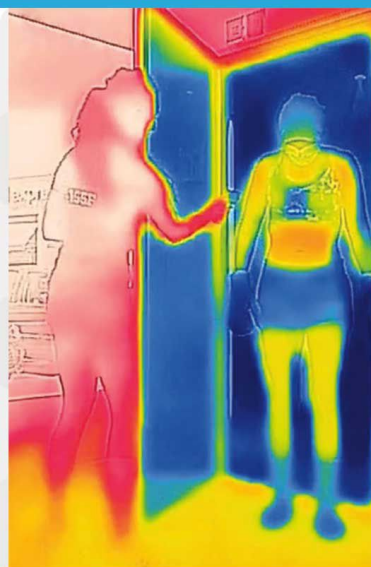
Cold shock upsets pain reception, providing natural relief

MUSCLE RELAXATION

Increased circulation to relax tension

RELIEVES STRESS

Endorphin released elevates mood, energy, and counters stress



YOUR EXPERIENCE

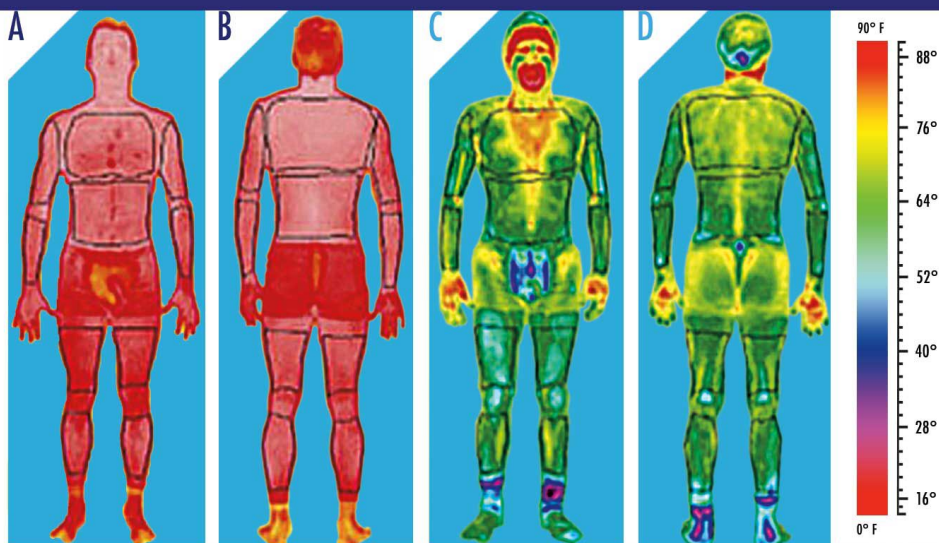
US Cryotherapy centers nationwide are operated by uniformly trained employees focused on the customer experience, safety, and physiology of the process. You will be guided throughout the centers via a customer management system tied to your unique services. You will be monitored and instructed through the process, protected in the small vessel areas (more sensitive to cold) for the fingers, toes, achilles, nose and ears. You can experience treatments on your own or with another (chamber is capable of up to 5-persons per session). Our goal is to help you feel better naturally and recover faster.

WWW.USCRYOTHERAPY.COM



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FEEL THE DIFFERENCE

US Cryotherapy features the only electric refrigerated walk-in systems in the US. Our systems do not use liquid nitrogen. They are safer, more practical and economical, and are the leading clinically studied products in the world. Our systems are all fresh ambient air (hyper oxygenated due to density of O₂ in cold, which can be helpful in recovery enhancement). We have administered over 400,000 treatments since 2011 without incident.

- The treatment is designed to be done in a **walk-in ambient room** system (cold-shock sensed by the skin).
- Head, neck, and chest contain the majority of the body's thermoreceptors.
- Skin temperature drop is the only measurable indicator from start to finish.
- 30°-45° whole body drop is in the optimal range for CNS activation; this temperature is measured near the core (shoulder region).
- Activating the nervous system causes endorphin/norepinephrine release and peripheral (blood circulation) reactions.
- Feel good chemicals are released which relieve pain, increase energy and mood, reduce inflammation and enhance circulation.

OUR ADVANTAGE

- Full body walk-in chambers (*without exposure to nitrogen*) are fundamental to achieving the benefits of WBC, are safe and effective, and are the standard of care.
- No height or weight restrictions with our systems.
- Multi-person treatments per session are typical based on inside space to move within the chambers offering ample room for free movement, stretching and extension during treatment.

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